

Peter L. Tumminello

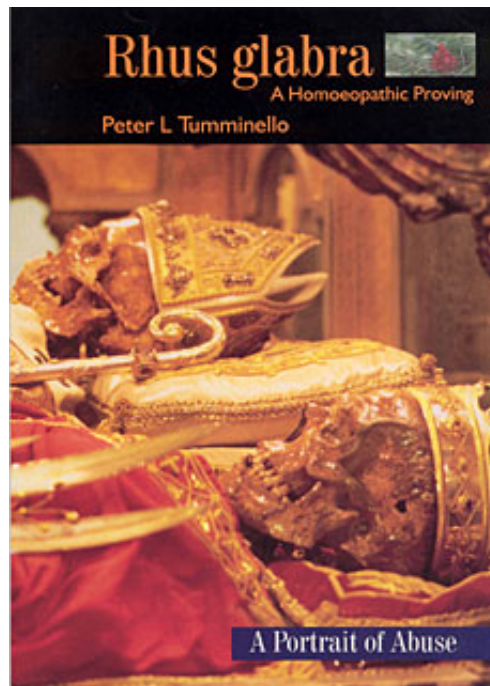
Rhus glabra A Homoeopathic Proving

Leseprobe

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von [Peter L. Tumminello](#)

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PROVING METHODOLOGY

The proving medicine was chosen from a group of medicines which were either unproven or scantily proven. They were selected by an individual who is a homoeopath and who took no active role in the proving. No person who took part in the direction, supervision or proving had prior knowledge of the medicine. As such the proving was a double blind trial.

The proving of *Rhus glabra* was undertaken in the same trial as *Molybdenum metallicum*. Of the twenty eight provers who took part fifteen took *Molybdenum*, eleven took *Rhus glabra* and two took placebo. Prover A was given *Rhus glabra* some time after the original group proving with the knowledge of the proving director (not double blind).

All provers were allocated a supervisor during the proving process. All of the group provers made diary records for a month beforehand and had a comprehensive constitutional case recorded before the proving commenced, so a proper assessment of the proving symptoms could take place.

Provers commenced taking the remedy in early May 1993. They were asked not to avoid any of the ordinary drugs to which they were accustomed (tobacco, coffee, alcohol etc.) and to maintain a regular life style. Even though Hahnemann insists that substances such as these should be avoided during a proving (footnote to aphorism 125), I decided that it would be best to allow these substances in moderation as they are often characteristic indicators in practice. Consequently, any action of a proving drug on these desires is of clear relevance in the remedy 'making' process. It is interesting to note that Hahnemann did not include his beloved tobacco in his footnote. They were instructed however, not to engage in any unusually excessive activities during the proving.

The medicine was taken in thirtieth potency, one pill daily for up to seven days, with the direction to stop on appearance of proving symptoms. Diary entries were made for at least four weeks after taking the medicine.

Selection of all proving symptoms from diaries was double checked to ensure accuracy.

List of Provers

Prover no. 4	Female
Prover no. 5	Female
Prover no. 8	Female
Prover no. 10	Female

Prover no. 18	Male
Prover no. 25	Female
Prover no. 27	Female
Prover no. 31	Female
Prover no. 33	Male
Prover no. 36	Female
Prover no. 46	Female
Prover no. A	Male

References for Introduction

1. Clarke, J.H., Dictionary of Practical Materia Medica, New Delhi, 1985
2. Allen, T.F., Encyclopaedia of Pure Materia Medica, B.Jain, New Delhi, 1982
3. Hale, R., Materia Medica and Therapeutics of New Remedies (2 Vols.), B.Jain, New Delhi.
4. Murphy, Robyn., ND., Lotus Materia Medica, Homeopathic and Spagyric Medicines, Lotus Star Academy, USA, 1995.
5. Blackwood, A.L., Materia Medica, B.Jain, New Delhi
6. Boericke, W., Homoeopathic Materia Medica, B.Jain, New Delhi, 1983.

PROVING SYMPTOMS

Key for Bracketed Codes

The first number in the bracket indicates the prover number.

The second number indicates the day of the proving on which the symptom was experienced.

The third set of components are letters which follow Jeremy Sherr's codes. They indicate the following:

CS : cured symptom

NS: new symptom

OS: old symptom (which has returned)

AS: altered symptoms (which was previously experienced but reappeared during the proving with a different character).

When this component is absent from the bracket, it can be assumed that the symptom is a 'new' proving symptom.

The final component indicates the relevant potency.

Mind

A deep sad feeling of lost love lifted when I put the remedy in my pocket. My mood lifted and I was able to be active. [04;01;CS;30C]

Feeling low and quiet. [05;01;30C]

I have to go and do this stupid job tomorrow. Wasting my time. [05;01;30C]

I go to pick up my son who wasn't ready. Normally I would be angry, but felt no reaction. [05;02;CS;30C]

Feel good in myself; clear and content. [05;05;30C]

Feelings seem to be flitting by so fast, one moment this the next that. I don't know what's mine or what's remedy induced. [10;05;30C]

The world seems difficult and potentially dangerous, threatening maybe. [10;05;30C]

Sense of time is weird, the days seem long. I feel like it's so long ago since

yesterday. [10;05;30C]

I really want peace and quiet. [10;05;30C]

I just want one or two people around, with whom I can completely relax.
[10;05;30C]

Anxious. [10;05;30C]

Panicky. [10;05;30C]

It feels like a momentum is picking up. [10;05;30C]

Feelings are unfamiliar. [10;05;30C]

Feeling I'll get stabbed. When I see a knife I feel the world is dangerous and someone could grab the knife and stab me. [10;06;30C]

Things change very quickly within me, but go so slowly externally.
[10;06;30C]

I feel very sensitive, weepy and withdrawn. [10;06;30C]

In the world I feel potential danger. [10;06;30C]

I need to hold myself in check. [10;06;30C]

I felt consumed by the unrelenting pain. [10;36-38;30C]

Surprised my condition appeared so suddenly. [10;36;30C]

Felt emotionally vulnerable, weepy, scared as there was nothing to relate my condition to. [10;37;30C]

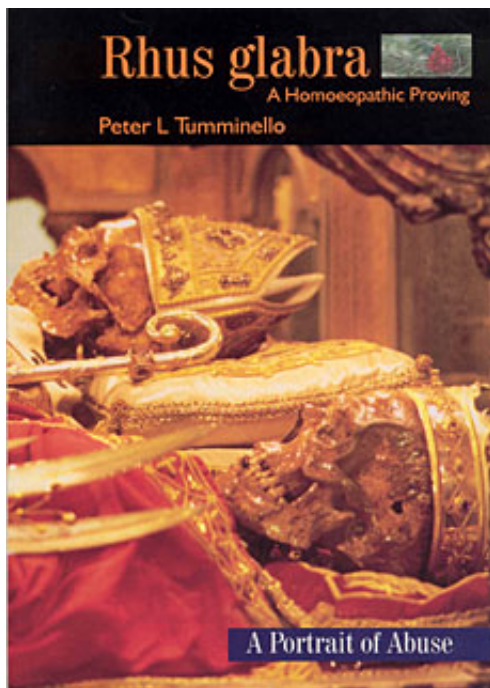
With my condition getting worse and worse and worse, I don't know how I to combat it. I want to do anything to stop it. I must move very very slowly. Sudden movement causes very sharp pain. [10;37;30C]

Felt there was a war going on inside me (Stramonium antidotes this).
[10;39;30C]

I feel hard hearted, as if my heart is like a rock. [18;01;30C]

I called my teacher 'sweetheart' and she was hard back at me. I felt very sad. I try to be nice to people and they stab me in the back. [18;01;CS;200C]

How could I let these people do things to me. I always go out of my way to please others. [18; 01;CS; 200C]



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64 Seiten, kart.
erschienen 1997



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