

# Martin Jakob

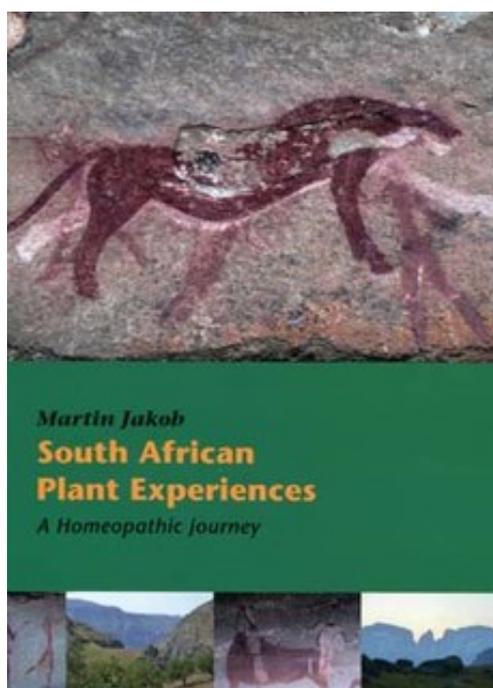
## South African Plant Experiences

Leseprobe

[South African Plant Experiences](#)

von [Martin Jakob](#)

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**633.51 IRIDACEAE**

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## 633.51.03 TRITONIOPSIS CAFFRA

<b>Order:</b>	Aspargales
<b>Family:</b>	Iridaceae
<b>Name:</b>	Tritoniopsis caffra

### *MEDITATION*

#### **Introduction**

This fraction of one's character can be childish and naive or in an extreme manic, one wants to enjoy life and love in an expansive manner, enjoying it in an impulsive way, or one looks for this form of life, and has the feeling that one is prevented to reach this life.

This prevention can be reinforced by one's uncertainty, how far one can go with their necessity for love and freedom. One doubts one's own capabilities to live such needs, which can lead to confusion what one is allowed to live and do, and what not. The result can be a Single existence.

**Stage 3:** Confusion about what is allowed; Am I allowed or not;

#### **Mind**

upright - queen - homage;

looking from a dark room through a window outside into the green;

looking from something moving into the outside, I'm not outside by myself,

then everything becomes bright;

an injury, a cut in the finger from days ago is burning heavily;

cursing;

sexually aroused, tingling in the genitals;

## 633.51.03 TRITONIOPSIS CAFFRA

## 26 *CASE*

Woman, 35 years, depressions, fears, panic attacks;

She speaks very fast as driven and has a red face. She just had a very good phase in life that had to do with a seasonal work in hospitality. She has experienced so much, has enjoyed her time and felt totally arrived there. There was so much work, no time for superfluous thoughts and private life, she is there completely risen. She got so many compliments, so much admiration and appreciation from the guests. She has given too much, poured out, it was as if on stage, she was so incredibly full of energy. At the end of her seasonal work, the bitter part was her wage, much too little for this drudgery, what was almost around the clock.

Now she is back home and it's the complete opposite, she is back in her shell, and feels totally overwhelmed, with panic attacks, from trivia like fill out applications. Now she feels lonely again, whiling away her lifetime and is confused whether it was all real, that what had made her happy and touched. She



**633.51 IRIDACEAE**

**633.00 Liliidae Monocots (Emphasis on Silicaseries = 33)**

Relationship problems: *The separation from her partner, with the knowledge that she will now stand forever alone with the child. Without relationship;*

*She wonders, if all this has to do, that she has no partner at her side, that she is not involved in a relationship, and because of that, she is there (hospitality) to make her family.*

**633.50 Aspargales (Phase 5, DD Nitricum, Phosphor)**

*... she had the feeling that this is not enough in her live, she wants more. She gains more education degrees, went to work abroad, it was like an awakening, a new world, now she was finally alive, has a free life, (bohemian quality) ... speaks very fast as driven and has a red face; ... too little freedom and too little space for her creativity and vibrancy, (do not want to be limited) ... is there fully risen; As a child, her vividness was not allowed, she should not show her zest for life.*

*(Iridaceae) When she gestured while talking with his hands and feet, she was, rebuked with "be at last finally normal." (she feels limited)*

**633.51. Iridaceae (Subphase 1, DD Lithium, Natrium)**

*She was always different, did not fit, and was not understood, (one could say the main struggle is being part of the family and standing on her own.*

*... very emotional... She has given too much, poured out, it was as if on stage, she was so incredibly full of energy. At the end of her seasonal work, the bitter part was here wage, much too little for this drudgery, what was almost around the clock ... unintended pregnant... She has had a well-paid permanent job, the as she knows now, rather recklessly abandoned in the past. All here actions have an impulsiv quality (phase 1), they are not well thought out.*

*... speaks very fast as driven ... has experienced so much ... felt totally arrived (she has a manic quality in her behavior)*

*... always different, did not fit... she was completely left alone, no one was there for her.*

**633.51 IRIDACEAE**

*She has been a long time now, without a fixed relationship ... alone, retire on her one)*

### **633.51.03 Tritoniopsis caffra (Stage 3)**

*"... what is it what I want, and where can I get it, and where can I bring it to use".*

*"I just bumble along my life, without a clear goal in mind, too blind (confused) to see where to go, I long for a place."*

*to search, ... what she wants in life*

*She wants to make so much different things professionally, but can not decide what is the right thing for her ... not knowing what she really wants in life and has to give it a try.*

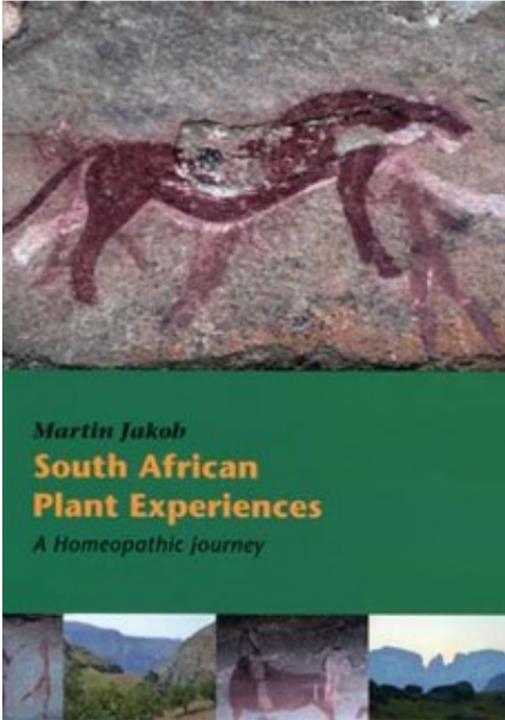
*... often insecure*



### ***FOLLOW UP***

After Tritoniopsis caffra she feels really good, so relaxed and easy as never before. No fears or panic attacks anymore. The fierce sadness that has gripped her from deep inside that made her cry rivers, it no longer exists. She says she has found a haven in herself, with the feeling to be finally free. Freedom is the highest. Lithium carb. she had before, it only helped for a while, it covers only subphase 1 and the carbon series themes.

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Martin Jakob

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